

# Practical Introduction to Safe System of Work

## Overview

An effective Safe System of Work (SSOW) is essential to meet many legal requirements typically in the Construction, Mining, Petrochemical, Power and Railway sectors. Similar requirements also apply to a wide range of other organisations that operate processes involving machinery, pressure, electricity, high and low temperatures etc. that pose an inherent danger to employees and others.

This 1-day course provides a clear understanding of what is needed to establish SSOW. It explains in a thoroughly practical way the steps required to make a SSOW appropriate for your organisation.

## Who should attend

- Safety professionals who want to understand the underlying principles and practices of a SSOW in order to introduce such a system.
- Safety professionals whose organisations currently operate a SSOW and who want to identify ways in which its design and implementation can be improved.
- Others from non-safety disciplines who need a practical understanding of SSOW in order to fulfil their health and safety responsibilities satisfactorily.

## Benefits

All participants will be able to provide explanation and guidance to their organisation on what is needed to introduce a SSOW or improve an existing SSOW.

Sponsor organisations will have a core of employees with the understanding and motivation to actively support development of a SSOW.

## Key Topics

- The legal requirements
- The need for a Safe System of Work
- Assessing risks
- Types of controls
- Developing systematic controls
- Operating a Permit to Work system
- Key roles and responsibilities
- Key competencies
- Planning introduction of SSOW
- Reviewing and improving a SSOW

## Structure

This 1-day course comprises a series of interactive tutorials, discussions and short exercises. Each participant who completes this course will receive a course manual and certificate.